



# LUNCH MENU – WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Soup of the Day</b> <i>Roasted Tomato and Basil with Homemade Bread</i>	<b>Soup of the Day</b> <i>Cream Of Broccoli with Homemade Bread</i>	<b>Soup of the Day</b> <i>Mexican Bean with Homemade Bread</i>	<b>Soup of the Day</b> <i>Carrot &amp; Coriander with Homemade Bread</i>	<b>Soup of the Day</b> <i>Leek &amp; Potato with Homemade Bread</i>
<b>Dish of the Day</b> <i>Italian Style Quorn Bolognese</i>	<b>Dish of the Day</b> <i>Slow cooked Beef Chilli</i>	<b>Dish of the Day</b> <i>Herbed Roast Chicken thigh</i>	<b>Dish of the Day</b> <i>Margerita Pizza with Basil</i>	<b>Dish of the Day</b> <i>Jumbo Fish Fingers TarTare Sauce and Lemon</i>
<i>or</i> <i>Mushroom Carbonara</i>	<b>Vegetarian Dish of The Day</b> <i>Fried Bean Taco</i>	<b>Vegetarian Dish of The Day</b> <i>Vegan Mushroom and Lentil Roast</i>	<b>Vegetarian Dish of The Day</b> <i>Mushroom and Thyme Risotto</i>	<b>Vegetarian Dish of The Day</b> <i>Vegan Sausages, Onion Gravy Crispy Onion</i>
<b>Sides</b> <i>Steamed broccoli</i>  <i>Garlic Bread</i> <i>Basil Roasted Peppers</i> <i>Linguini</i>	<b>Sides</b> <i>Steamed Rice</i> <i>Mixed Vegetables</i> <i>Tomato Salsa</i> <i>Sour Cream</i>	<b>Sides</b> <i>Gravy</i> <i>Roast Potato</i> <i>Green Beans</i> <i>Glazed Carrots</i>	<b>Sides</b> <i>Cauliflower</i> <i>Broccoli</i> <i>Potato Wedges</i>	<b>Sides</b> <i>French Fries</i> <i>Garden Peas</i> <i>Sweetcorn</i>
<b>Keeping It Simple Bar</b> <i>Pasta &amp; Jackets with a choice of 2 Homemade Sauces</i>	<b>Keeping It Simple Bar</b> <i>Pasta &amp; Jackets with a choice of 2 Homemade Sauces</i>	<b>Keeping It Simple Bar</b> <i>Pasta &amp; Jackets with a choice of 2 Homemade Sauces</i>	<b>Keeping It Simple Bar</b> <i>Pasta &amp; Jackets with a choice of 2 Homemade Sauces</i>	<b>Keeping It Simple Bar</b> <i>Pasta &amp; Jackets with a choice of 2 Homemade Sauces</i>

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# LUNCH MENU – WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Soup of the Day</i> Roasted Courgette with Homemade Bread	<i>Soup of the Day</i> Spiced Sweet Potato with Homemade Bread	<i>Soup of the Day</i> Pumpkin & Chive with Homemade Bread	<i>Soup of the Day</i> Vegetable & Chickpea with Homemade Bread	<i>Soup of the Day</i> Asian Vegetable with Homemade Bread
<i>Dish of the Day</i> Crunchy Mac & Cheese	<i>Dish of the Day</i> Jerk Chicken Thighs Fried Plantain & Pineapple Slaw	<i>Dish of the Day</i> Treacle Roast Beef with Gravy	<i>Dish of the Day</i> Sri Lankan Chicken Curry	<i>Dish of the Day</i> Jumbo Fish Fingers, Lemon & Tartare Sauce
<i>Served With Crispy</i> Leeks Onions Herby Toasted Crumbs	<i>Vegetarian Dish of The Day</i> Jerk Aubergine, Fried Plantain Pineapple Slaw	<i>Vegetarian Dish of The Day</i> Cauliflower Steak	<i>Vegetarian Dish of The Day</i> Red Lentil Dhal	<i>Vegetarian Dish of The Day</i> Vegetable Tempura
<i>Sides</i> Sweetcorn Steamed Broccoli	<i>Sides</i> Rice and Peas Green Beans Roasted Peppers	<i>Sides</i> Roast Potato Roast Veg Steamed Greens Mini Yorkshire Pudding	<i>Sides</i> Basmati Rice Naan Bread Saute White Cabbage Cucumber & Mint Raita	<i>Sides</i> French Fries Garden Peas Baked Beans
<i>Keeping It Simple Bar</i> Pasta & Jackets with a choice of 2 Homemade Sauces	<i>Keeping It Simple Bar</i> Jackets with a choice of 2 Homemade Toppings	<i>Keeping It Simple Bar</i> Pasta with a choice of 2 Homemade Sauces	<i>Keeping It Simple Bar</i> Pasta with a choice of 2 Homemade Sauces	<i>Keeping It Simple Bar</i> Jackets with a choice of 2 Homemade Toppings

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# LUNCH MENU – WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Soup of the Day</i> <i>Red Lentil</i> <i>with Homemade Bread</i>	<i>Soup of the Day</i> <i>Mediterranean Vegetable</i> <i>with Homemade Bread</i>	<i>Soup of the Day</i> <i>Super Greens</i> <i>with Homemade bread</i>	<i>Soup of the Day</i> <i>Butternut Squash &amp; Coconut</i> <i>with Homemade Bread</i>	<i>Soup of the Day</i> <i>Carrot &amp; Tomato</i> <i>with Homemade Bread</i>
<i>Dish of the Day</i> <i>Pasta Bar</i>	<i>Dish of the Day</i> <i>Beef Stifado (Greek Beef Stew)</i>	<i>Dish of the Day</i> <i>Classic Beef Lasagne</i>	<i>Dish of the Day</i> <i>Thai Green Chicken Curry</i>	<i>Dish of the day</i> <i>Battered Cod Fillet</i> <i>Tartare Sauce and Lemon</i>
<i>Served With</i> <i>Vegetable Ragu</i> <i>Three Cheese Sauce</i> <i>Tomato &amp; Herbs</i>	<i>Vegetarian Dish of The Day</i> <i>Briam (Greek Roast Vegetables)</i>	<i>Vegetarian Dish of The Day</i> <i>Spinach &amp; Lentil Lasagne</i>	<i>Vegetarian Dish of The Day</i> <i>Thai Rainbow Vegetables</i> <i>with Tofu</i>	<i>Vegetarian Dish of The Day</i> <i>Tomato and Spinach Rissotto</i> <i>Mushroom and Garlic Baked Omelette</i>
<b>Sides</b> <i>Steamed Broccoli</i> <i>Sweetcorn</i>	<b>Sides</b> <i>Steamed Rice</i> <i>Saute Kale &amp; Spinach</i> <i>Roasted Courgette</i>	<b>Sides</b> <i>Garlic Bread</i> <i>Savoy Cabbage</i> <i>Carrots</i>	<b>Sides</b> <i>Jasmine Rice</i> <i>Green Beans</i> <i>Baby Corn</i>	<b>Sides</b> <i>Peas and Sweetcorn</i> <i>French Fries</i> <i>BBQ Beans</i>
<i>Keeping It Simple Bar</i> <i>Pasta &amp; Jackets with a choice of 2</i> <i>Homemade sauces</i>	<i>Keeping It Simple Bar</i> <i>Jackets with a choice of 2</i> <i>Homemade Toppings, Baked</i> <i>Beans and Cheese</i>	<i>Keeping It Simple Bar</i> <i>Pasta &amp; Jackets with a choice</i> <i>of 2 Homemade Sauces</i>	<i>Keeping It Simple Bar</i> <i>Pasta &amp; Jackets with a choice</i> <i>of 2 Homemade Sauces</i>	<i>Keeping It Simple Bar</i> <i>Pasta &amp; Jackets with a choice</i> <i>of 2 Homemade Sauces</i>

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